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# **IV Sedation Instructions**

IV sedation is given to improve your comfort during dental procedures. Sedation causes relaxation and often little to no memory of your dental visit. During IV sedation the patient is awake and responds to requests. Listed below are patient instructions for receiving IV sedation.

# **PRIOR TO SEDATION:**

- Fasting is required 8 hours prior to you dental appointment. You are not to drink any liquids, this includes water. When brushing your teeth prior to your visit, be sure to spit out all paste and water. Eating or drinking prior to surgery will make you ineligible for IV sedation.
- Patients must be accompanied by an escort that can drive them to and from the dental appointment and stay with them at home for four hours after the surgery.
- Wear loose fitting clothing the day of the surgery. Short sleeves or sleeves that are easily rolled up are essential. Do not wear contact lenses.
- Review any medications you are taking with Dr. Miller before your appointment.
- Notify the office if you come down with a fever or cold prior to your appointment.
- It is recommended that prescription medications be picked up prior to your dental appointment.

## AT THE OFFICE:

- Upon arrival, you will have some initial vital signs taken and then the IV will be started.
- IV medications will be administered, causing you to relax and may affect your memory of the visit.
- Your escort should remain at the office during the appointment.

## **AFTER SEDATION:**

- The patient should be escorted home following the procedure and be monitored by an adult for at least four hours after the appointment.
- Symptoms of the medications may include sleepiness, dizziness, lack of coordination, irritability, and/or loss of memory
- Please call the office if you have any questions or concerns.